



SCHOOL COUNSELING CORE CURRICULUM RESULTS REPORT

Goal Personal/Social: Educate freshman students on the psychological effects of alcohol.

Lessons and Activities Related to Goal:

Grade Level	Lesson Topic	Lesson Will Be Presented In Which Class/ Subject	ASCA Domain, Standard and Competency	Curriculum and Materials	Projected Start/End	Process Data (Projected number of students affected)	Perception Data (Type of surveys/ assessments to be used)	Outcome Data (Achievement, attendance and/or behavior data to be collected)	Implications
9th	Psychological effects of alcohol: Consciousness Raising	PE class	<p>Personal/Social</p> <p>Standard C: Students will understand safety and survival skills</p> <p>PS:C1.6 Identify resource people in the school and community, and know how to seek their help</p> <p>PS:C1.7 Apply effective problem solving and decision-making skills to make safe and healthy choices</p> <p>PS:C1.8 Learn about the emotional and physical dangers of substance use and abuse</p>	<p>Materials needed: Pre and Post Test Survey</p> <p>“Alcohol use Disorders Identification Test” (AUDIT) activity for each participant</p> <p>“Scoring the AUDIT” handout</p> <p>“AUDIT – What Does It Mean?” handout</p> <p>“What can Alcohol Do?” handout</p> <p>Writing materials – pens or pencils</p>	April 30, 2015	634 freshmen participated in the “Consciousness Raising” lesson plan.	100% of the ninth graders could identify a resource person either in the school, community or home environment that they could talk to regarding their alcohol use.	The % of students referred for disciplinary reasons decreased from 11% to 7%.	Students will be able to identify a resource person they can speak with regarding social/emotional struggles and there will be a 4% decrease in disciplinary referrals .